

ORGANIZZAZIONE: GINGER SSD
IN COLLABORAZIONE CON UISP BOLOGNA

CON IL
PATROCINIO DI



MAIN SPONSOR



MARAZZI GROUP

LOCAL SPONSOR



EMILIA ROMAGNA SPONSOR
STUDIO TECNICO FP

MEDIA PARTNER



The Secret Ingredient

5.30

5K NON COMPETITIVI
CAMMINATA/CORSA
ALLE 5:30AM

TOUR 2026
MAGGIO
VERONA 15
PALERMO 15
MILANO 22
TORINO 29
GIUGNO
MODENA 5
BOLOGNA 12
FERRARA 19
MANTOVA 26
LUGLIO
VENEZIA 3
BRIGHTON 10
VIRTUAL 5.30 10
NOTTINGHAM 17

PIAZZA NETTUNO
BOLOGNA
12 GIUGNO



RUN530.COM



ORGANIZATION: GINGER SSD
IN COLLABORATION WITH UISP BOLOGNA

WITH
PATRONAGE OF



Comune
di Bologna



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MARAZZI GROUP

LOCAL SPONSOR



The Secret Ingredient

5.30

NON COMPETITIVE
5K WALK/RUN
AT 5:30AM

TOUR 2026

MAY
VERONA 15
PALERMO 15
MILAN 22
TURIN 29
JUNE
MODENA 5
BOLOGNA 12
FERRARA 19
MANTUA 26
JULY
VENICE 3
BRIGHTON 10
VIRTUAL 5.30 10
NOTTINGHAM 17

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MEDIA PARTNER



PIAZZA NETTUNO BOLOGNA 12 JUNE



RUN530.COM



MANIFESTAZIONE LUDICO MOTORIA A CARATTERE RICREATIVO



Team

Individual

at least 10 people

12 €

Until 12 May

15 €

Until 11 June

WHERE I CAN REGISTER?

From 1 March: run530.com.

ENTRY INCLUDES

- Exclusive 5.30 t-shirt (100% cotton)
- 5.30 Sticker
- Fresh seasonal fruit refreshment
- 5.30 pics download
- 5.30 Magazine download
- medical assistance
- insurance R.C.
- the opportunity to live an unforgettable experience!

5.30

COLLECTING T-SHIRT DAYS:

Wednesday 10 and Thursday 11 June, from 10 to 18 at Giardino Donatori di Sangue (in front of Cucine Popolari) Via Fioravanti on the corner with Via del Battiferro.



FONDAZIONE
HOSPICE MODENA
DIGNITÀ PER LA VITA
CRISTINA PIVETTI

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through online entries.
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